

## Weight Monitor



### BATTERY

1. The unit uses one CR2032 Lithium Battery
2. If the LCD display reads LO, please replace the battery. Simply open the battery box underneath the scale remove the old battery and replace it with one CR2032 Lithium Battery. Make sure that the positive pole + is up or facing towards you.

### PLEASE NOTE

1. If the LCD flashes "8" do not step on scales until the display flashes "0.0"
2. The scales are designed to weigh between 2kg and 150 kg. Do not exceed these limits or the sensors may be damaged
3. Do not leave anything resting on the glass after you have weighed yourself as this will shorten battery life.
4. This scale is designed for weighing people and is not suitable for other objects
5. Do not use chemicals and detergents a soft cloth is adequate for keeping your scale clean
6. Please ensure you stand evenly in the centre of the scale. Wet feet or glass will be slippery and may cause an accident so it is best to ensure both feet and glass are dry.
7. Do not place the scale on an uneven surface or carpet when weighing yourself as the result will not be accurate.
8. Be sure to avoid wet areas or extremes of temperature
9. Do not jump or step roughly onto the scale. It is a precision instrument and must be treated gently
10. If the scale does not work check that the battery and contacts are all good. Otherwise contact us for assistance PERMAProducts or [info@permaroducts.com](mailto:info@permaroducts.com)

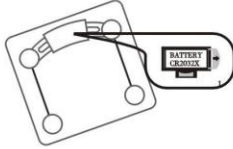
Thank you for choosing our product, we strongly recommend you to read this instruction before use it.

### Weighing steps

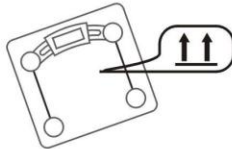
Please make sure the battery is installed correctly before you use it.

If there is battery inside with plastic insulated sheet, please pull out the plastic sheet.

If no battery, please install, 1 piece CR2032 battery, positive pole should be towards up.



2. Put scale on flat floor, make sure every pivot touchdown.

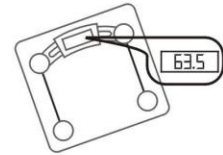


3. Tap the scale gently to power on, the LCD will flash "8"

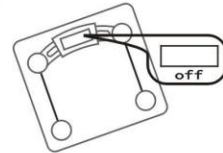
When it displays 0.0, please step on the scale.



4. Please stand on the center of the glass and keep stably, LCD will flash your body weight, then read the data.

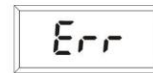


5. After 15 seconds, scale will be auto-power off.



### Warning indication

• LCD display "Err" means overload, please come down promptly.



• LO means power is not enough.

